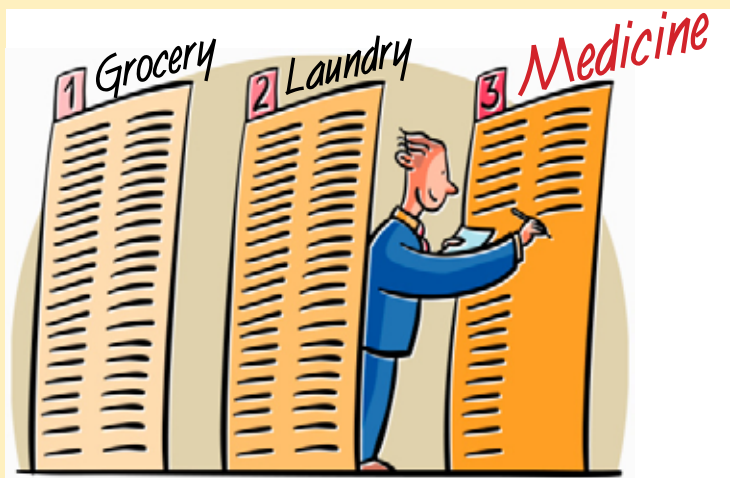


One of These Lists Could Help Save Your Life!

...*The other two are just lists...*



Keep an up-to-date list of all the medicines you are taking. Be sure to include both prescription and over-the-counter (OTC) medicines along with any vitamins, dietary supplements or herbal remedies you are taking.

Take your **medicine list** with you, every time you go see the doctor, your pharmacist, have a medical test, or need to go to the hospital or emergency room. In case of an accident or emergency, make sure a loved one has an up-to-date copy of your **medicine list** too.

Sharing your current **medicine list** at every medical visit makes it possible for you and your healthcare providers to spot medicine-related problems and helps ensure that you are getting the full benefit of any medicine you are taking.

Learn how to be **“MEDICINE SMART™”**

For your free **Medicine List** Visit
www.talkaboutrx.org

Brought to you by the **National Council on Patient Information and Education**

Working together to promote safe medicine use

EDUCATE before
YOU MEDICATE
Medicine Smart™